

DESTINATION GUIDE:  
**ANTARCTICA**



LEARN WHY ANTARCTICA IS  
UNLIKE ANY OTHER DESTINATION

# Why discover Antarctica with Hurtigruten?

## **Fantastic adventure**

Hurtigruten provides its guests unparalleled experiences in Antarctica's polar waters, safely taking you on exciting small-boat (RIB) adventures and amazing landings to explore the most remote continent on Earth.

## **Close to nature**

We offer the opportunity to get close to beautiful icebergs, visit isolated scientific stations, and encounter amazing wildlife, such as penguins, seals, and whales.

## **Unmatched wilderness**

No travel adventure can match an expedition cruise to Antarctica: the windiest, driest, and most pristine continent on the planet.

Our voyages into this protected wilderness are truly unique and offer extraordinary travel experiences. We promise Antarctica is different from any other destination you'll ever visit.

## **Choose your expedition cruise**

Hurtigruten offers a wide variety of itineraries, expedition ships, and activities from which to choose.

## **Experience a Total Solar Eclipse**

In 2021, a rare Total Solar Eclipse will grace our expeditions to Antarctica, and there is no better place to see the event than from aboard our ships in the South Orkney Islands, guided by an astronomer.

Which Antarctica adventure is right for you?



# GET READY FOR YOUR ADVENTURE

— Relax, discover, and learn from the moment you step on board. We've created fascinating events and opportunities to learn during your entire voyage, designed to help you get the most out of your expedition.



## INCLUDED IN YOUR EXPEDITION



© ANDREA KLAUSNER

### Expert guiding with the Expedition Team

The Expedition Team members are specialists in their field, selected for your specific voyage and itinerary. They will join you on included activities, host lectures, and lead educational sessions on board and ashore.

### Activities on board and on shore

Join us on a series of included activities designed to immerse you in your destinations, including small-boat (RIB) cruising and onshore exploration.

### Lectures and happenings in the Science Center

In depth lectures on history, wildlife, glaciology, culture, climate change, and sustainability. Destination-specific themes will provide context to your expedition cruise and help you better understand the destinations you visit.

Enjoy casual opportunities to engage with the Expedition Team, including a welcome event and a daily evening gathering to recap and prepare for the day to come.



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Photo and footage from your cruise shared in an Expedition Logbook after your voyage.

Opportunities to dine with the Expedition Team and interact with officers.

Free introductory photo lecture, camera adjustment, tips, and tricks.

Learn from educational sessions about the environment and take advantage of our onboard library.

### Relax and renew in maximum comfort



Two hot tubs, a sauna, and a fitness room

© OSCAR FARRERA

Outdoor pool  
Only on MS Roald Amundsen and MS Fridtjof Nansen

### Food and beverages with an international twist

Breakfast, lunch, and dinner. Specially selected wine and beer, sodas, and mineral water in the restaurants during lunch and dinner. Tea and coffee are available throughout the day.



© AGURTANE CONCELLON

### Loan of equipment on hikes and activities

A small selection of gear, such as trekking and rubber boots, will be available for loan depending on the season and the destination.

### Extras to make your voyage even better

You will receive a complimentary wind- and water-resistant jacket and a reusable water bottle. Enjoy free Wi-Fi\*. At the end of each expedition there will be a farewell event.



\*Access may be limited because of the remote waters in which we sail.

© DAN & ZORA AVILA

Antarctica

# THE ULTIMATE DESTINATION

Here are a few of our potential landing sites on the most remote continent on Earth.

### The South Shetland Islands

There are total of 19 research stations in this group of Antarctic Islands. Seabirds, penguins, whales, and seals feed in the surrounding waters.

#### Deception Island

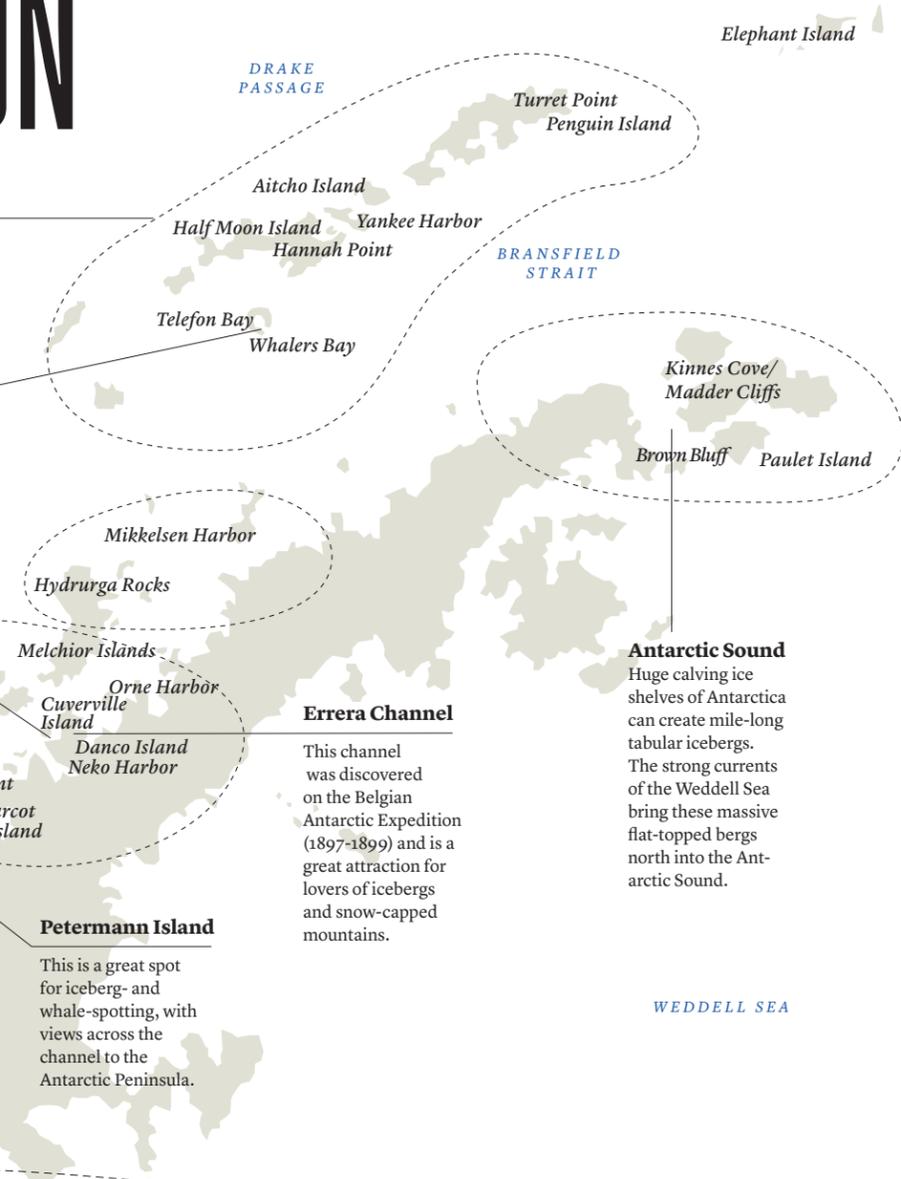
This distinctive ring-shaped volcanic caldera has a navigable opening into the flooded interior.

#### Cuerville Island

The island boasts the largest known colony of gentoo penguins on the Antarctic Peninsula.

#### Lemaire Channel

This narrow channel is one of the most beautiful passages in Antarctica.



### Falkland Islands

In addition to the main islands of East and West Falkland, this archipelago is comprised of 776 smaller islands. The capital, Stanley, is on East Falkland. You can see up to four different penguin species here, as well as some of the largest albatross colonies on the planet.

### South Orkney Islands

Discovered by sealers in 1821, this archipelago is comprised of four main islands. The climate is generally cold, wet, and windy, and the area supports a tundra of mosses, lichens, and algae. Seabirds, penguins, and seals feed in the surrounding waters.

### EXPERIENCE THE TOTAL SOLAR ECLIPSE AT THE SOUTH ORKNEY ISLANDS

on two of our expedition cruises in 2021.



### SOUTH GEORGIA



### South Georgia

This spectacular wildlife paradise is the breeding ground for thousands of elephant seals, millions of fur seals, and hundreds of thousands of king penguins, as well as being home to two endemic birds: the South Georgia pintail and the South Georgia pipit.

### Going ashore

These are expedition cruises; the weather, tides, ice conditions, and wildlife sightings can all affect the day-to-day activities and the itinerary, and our plans change on a regular basis. This means that each expedition with Hurtigruten is unique. We are experts in this wilderness and will take you to the most spectacular places.



**MS Roald Amundsen** (launched 2019) and **MS Fridtjof Nansen** (launched 2020) have capacity for 500 explorers, and are our first cutting-edge, hybrid electric-powered ships.



**MS Fram**, a smaller ship purpose-built in 2007 for extreme conditions, carries only 200 explorers in Antarctica, offering a wider range of possible landing sites, following IAATO regulations.



### First day at sea, and just loving life!!!

"This Hurtigruten expedition is much different from any other cruise I've been on. It's much smaller, the crew on board is beyond friendly, and there are science exhibits and daily lectures from the numerous geologists, marine biologists, historians, photographers, ornithologists, expedition leaders, and other highly skilled and educated people! I can't wait for the next 18 days of my life! "

*Drew Binsky, guest and travel blogger, Antarctica 2018*

Follow Drew on Instagram: @drewbinsky

# A DAY IN ANTARCTICA



© STEFANDALL



© HURTIGRUTEN

“Being on an expedition like this, going to one of the coldest, driest places on the planet, was a dream come true. We really, really enjoyed our time.”

*Cory traveled on MS Midnatsol to Antarctica with his wife. November 2018*

**5:00 – 8:00 a.m.**

## Breakfast

A delicious breakfast is the perfect start for an active day.

**9.00 a.m.**

## Go ashore with the Expedition Team

Meet up in the tender pit, where our sturdy small boats (RIBs) take you ashore. On land, the Expedition Team guides you and points out places of interest and wildlife.

**11:00 a.m.**

## Kayaking or hiking

Enjoy the feeling of gliding silently in beautiful Antarctic waters in the company of seals, birds, and penguins on an optional excursion. Or join a hike ashore to discover even more of amazing Antarctica.

**1:30 p.m.**

## A tasty lunch awaits you

Enjoy lunch and relaxation after a morning of activities.

*This describes a typical day on an expedition cruise to Antarctica aboard MS Roald Amundsen and MS Fridtjof Nansen. The timetable and daily program can vary from ship to ship and are subject to change.*



© ANDREAS KALVIG ANDERSON



© DOMINIC BARRINGTON



© GENNA ROLAND



© KARSTEN BIDSTRUP

**4:30 p.m.**

## Small-boat (RIB) cruising and whale watching

Experience the unforgettable as you get up close to a whale, and cruise among icebergs with seals and penguins.

**6:00 p.m.**

## Onboard lectures and Citizen Science projects

Join a fascinating lecture about the penguins in Antarctica, then participate in a Citizen Science project, from counting penguins to helping researchers and scientists sift through data they collect in the field. All lectures are streamed directly to your cabin.

**8:00 p.m.**

## Indulge yourself

An excellent meal is a great way to round off the day and share your experiences.



© KARSTEN BIDSTRUP / HURTIGRUTEN



© AGURTXANE CONCELLON



© GEEBELEN JO

**9:00 p.m.**

## Next day's briefing

Join a recap of the day's activities and a presentation of tomorrow's program. The time for this recap varies. It can be in the morning, afternoon, or evening.



© ANDREA KLAUSNER

**From 10:00 p.m.**

## Relaxing

Top off another amazing day in Antarctica with an evening of unwinding. Relax with a drink in the bar, or head to the sauna or hot tub.



© AGURTXANE CONCELLON



# The best time to travel to Antarctica

Discover another world of dramatic beauty and curious wildlife. Hurtigruten's superb guides take you closer to the hidden treasures of the most isolated continent on Earth.

## SEASONAL HIGHLIGHTS

### NOVEMBER

#### Antarctic early summer

- Mating season of seals and penguins
- Nest building in penguin colonies

### DECEMBER/JANUARY

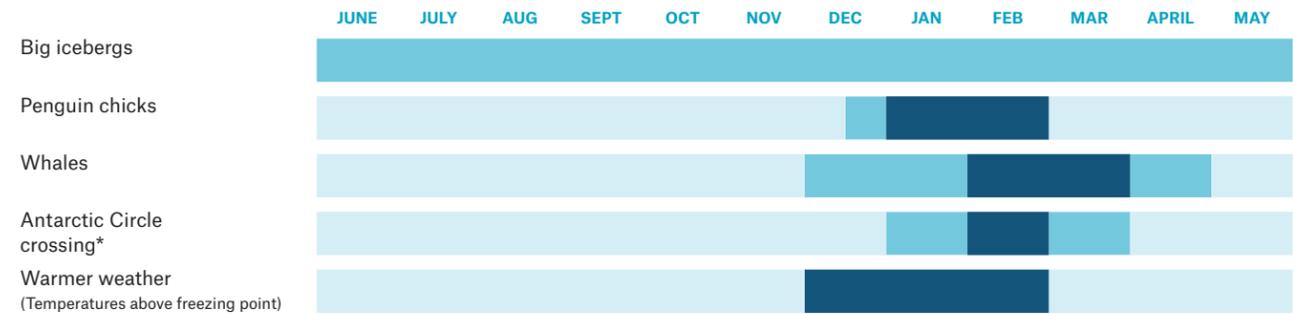
#### Antarctic high summer

- Hatching penguin chicks
- South Georgia fur seal pups
- Warmest time and longest days

### FEBRUARY/MARCH

#### Antarctic late summer

- Best whale-watching period
- Beautiful sunsets
- Molting penguins

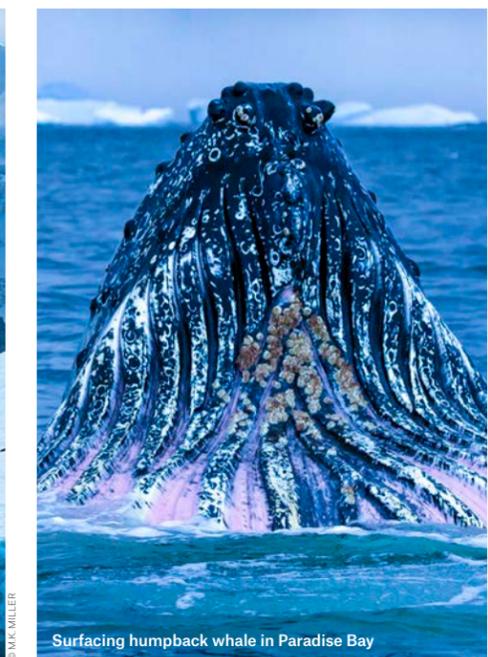


\*Depending on the weather and ice conditions, the captain will determine the final itinerary.

■ best time ■ good time



Penguins on an iceberg on the Antarctic peninsula



Surfacing humpback whale in Paradise Bay

# Wildlife Calendar: Antarctica and South Georgia

These expeditions coincide with the peak breeding season for much of the wildlife found in the region.

## NOVEMBER

- On the peninsula, penguins are courting and starting to build their nests.
- Adélie penguins usually start earlier, and may have already laid eggs.
- By mid-November, the elephant seals in South Georgia are leaving the beaches, giving way to the fur seals.



© STEFAN DALL

## DECEMBER

- The penguins in Antarctica have laid their eggs and are sitting on nests, with Adélie chicks hatching in mid-December.
- In South Georgia, the fur seal breeding season is well underway, with pups being born and males defending their territory.



© KARSTEN BUSTRUP

## JANUARY

- The penguin chicks on the peninsula start hatching at the beginning of the month, and the penguin colonies are busy with parents going back and forth to feed.
- In South Georgia, the fur seal pups are gaining independence.



© RICHARD MARSHALL

## FEBRUARY

- In Antarctica, the penguin chicks are gathering into crèches, and starting to molt into adult plumage.
- The king penguins in South Georgia are courting and laying eggs.



© KARSTEN BUSTRUP

Experience a rare Total Solar Eclipse in the South Orkney Islands as part of a Hurtigruten expedition cruise to Antarctica.

# THE DARKEST DAWN

# AT THE BOTTOM OF THE WORLD

At approximately 4 a.m. on December 4, 2021, a Total Solar Eclipse can be experienced in the Scotia Sea around the South Orkney Islands, near the Antarctic Peninsula. This phenomenon won't occur again in this part of the world for another 400-or-so years. Seize this rare opportunity; join a Hurtigruten expedition cruise to Antarctica and witness the magnificent, magical moments of a Total Solar Eclipse.

**In prime position**  
The deck of a Hurtigruten expedition ship positioned near the South Orkney Islands will provide you with front-row seats to the upcoming Total Solar Eclipse. If your cabin on the ship faces the right direction, you can enjoy the event through the window, without even changing out of your pajamas!

Our onboard Expedition Teams will provide you with special-purpose solar filter sunglasses to protect your eyes from any ultraviolet and infrared rays. An astronomer will also be present for the full duration of the voyages, delivering a series of lectures and offering insight during the Total Solar Eclipse itself.

Receive tips from our onboard professional photographers on how best to capture the spectacular event. They will also be filming the Total Solar Eclipse, and you'll be able to access their footage to share with your friends and family back home.



### What will happen?

A Total Solar Eclipse happens when the new moon comes between the sun and the Earth and casts its umbra, the darkest part of its shadow, on Earth—and day suddenly becomes as dark as night. During a Total Solar Eclipse the moon covers the entire sun. In this case, the Total Solar Eclipse will occur early in the morning in the Antarctic summer, meaning the sun will be low on the horizon, likely having barely set over night. Providing skies are clear, we will be able to observe the Total Solar Eclipse from beginning to end, lasting 1 minute, 40 seconds. There are a number of Total Solar Eclipse features to watch for, including the red-rimmed chromosphere, and coronal flare at the top of the sun.

Unique to Antarctica, the path of the Total Solar Eclipse will move from east to west across the continent,

whereas the Total Solar Eclipse observed elsewhere travels in the opposite direction.

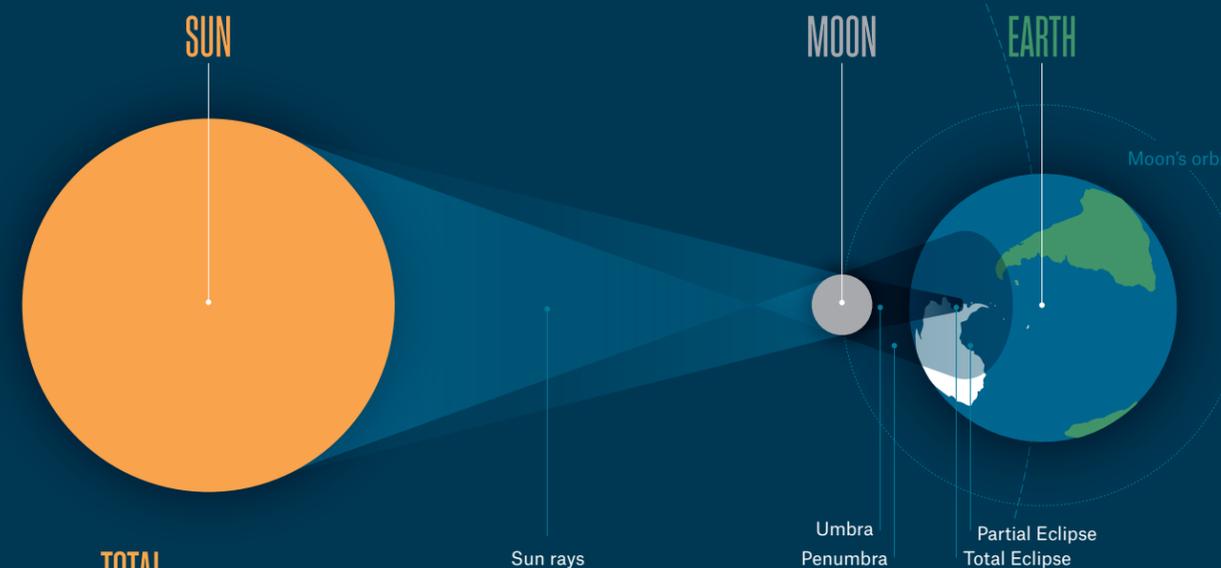
Should weather prevent us from observing the Total Solar Eclipse directly, you will still be able to experience a distinct moment of darkness for the duration of the Total Solar Eclipse. It will seem as if the whole world has stood still in awe of this phenomenon. These are magical moments you'll never forget.



**DATE:** Dec 4, 2021

**TIME:** c. 4 a.m.

**LOCATION:** MS Fram and MS Roald Amundsen will be in prime viewing position near the South Orkney Islands.



TOTAL SOLAR ECLIPSE  
DECEMBER 4, 2021  
IN ANTARCTICA

## 18 DAYS MS FRIDTJOF NANSEN

Departure: November 2, 2021

# Antarctica, Patagonia, and Chilean Fjords – Exploration of the Southern Highlights

Cruise from the stunning Chilean fjords to the untouched wilderness of Antarctica. Enjoy ice-cruising, landings, kayaking, encounters with wildlife, and more exciting exploration activities.

### Day 1 Valparaíso

Explore this lovely Chilean city before embarkation.

### Days 2-3 At Sea

Our Expedition Team will start their lecture program as we sail the Pacific coast. Be sure to keep an eye out for wildlife from the deck.

### Day 4 Castro (Full day)

Castro, set among windswept hills and lush green vegetation, is known for its colorful ‘palafitos,’ wooden houses mounted on stilts along the water’s edge, as well as the UNESCO World Heritage Site

of Iglesia San Francisco.

**INCLUDED EXCURSION:**  
*Castro Walking Tour*

### Day 5 At Sea

We sail through the remote and beautiful Chilean fjords surrounded by stunning landscapes.

### Day 6 Puerto Edén (Half day)

The village of Puerto Edén in Bernardo O’Higgins National Park will enchant you. It is known for its geographical isolation, situated at the end of a deep fjord and surrounded by mountains. Its population of 250 includes the 15 remaining

members of the Kawéskar people.

### Days 7-8 Puerto Natales

(Two full days)

Our optional excursion to Torres del Paine National Park gives you the opportunity to explore this stunning terrain. Scout for wildlife, including 100 species of birds, such as the Andean condor.

**INCLUDED EXCURSION:**  
*Scenes of Puerto Natales*

### Day 9 Chilean Fjords

Cruise deep fjords with tall mountains plunging straight into the icy waters in a pristine



## Included

### ACTIVITIES

- Lecture program
- Nature landings
- Small-boat (RIB) cruising
- Art activities
- Photo program
- Science activities
- Birdwatching

## Optional

### EXCURSIONS

- Dalcahue, Curaco de Vélez & Achao, Castro
- Trek at Chiloé National Park, Castro
- Torres del Paine National Park Overnight, Puerto Natales
- Torres del Paine National Park (bus), Puerto Natales
- Torres del Paine National Park - Grey Glacier Hike, Puerto Natales
- Hiking in Torres del Paine, Puerto Natales
- Camping
- Kayaking
- Snowshoeing

Read more at [hurtigruten.com](http://hurtigruten.com)



### Days 12-15 Antarctica

Vast, powerful, and indescribably beautiful, Antarctica leaves even seasoned explorers at a loss for words. Our captain and the Expedition Team will make the most out of the conditions to look for opportunities to go out on landings, launch kayaks, enjoy ice-cruising, and look for whales, seals, birds, penguins, and more. Of course, we take special care to

protect—and not to disturb—the amazing wildlife that thrive in this icy landscape. We will also attempt landings at several sites in the South Shetlands and on the Antarctic Peninsula for unforgettable experiences.

### Days 16-17 At Sea

We set our course back to civilization through the Drake Passage. Spend the day recapping your experiences, having fun in the Science Center, or just relaxing on board.

### Day 18 Ushuaia/Buenos Aires

After arriving in Ushuaia, your expedition ends with a flight to Buenos Aires. From there, you can extend your adventure with one of our exciting Post-Programs.

## 12 DAYS MS FRIDTJOF NANSEN

11 departures: November 18, 2021; to March 8, 2022

# Antarctica – Highlights of the Frozen Continent

Join us aboard our advanced hybrid electric-powered expedition ship for an unforgettable adventure. Enjoy five full days in Antarctica and experience spectacular wildlife and natural beauty.

### Day 1 Buenos Aires

Explore the home of the tango on an overnight stay. We recommend adding a few nights before your journey to explore Patagonia with our optional Pre-Program.

### Day 2 Buenos Aires/Ushuaia

Fly early in the morning to Ushuaia and start the journey with a welcome dinner on MS Fridtjof Nansen.

### Days 3-4 At Sea

As we cross the famed Drake Passage, enjoy lectures and all the amenities of our advanced

hybrid electric-powered expedition cruise ship.

### Days 5-9 Antarctica

Vast, powerful, and indescribably beautiful, Antarctica leaves even seasoned explorers at a loss for words. Our captain and expedition team will make the most out of the conditions to look for opportunities to go out on landings, launch kayaks, enjoy ice-cruising, and look for whales, seals, birds, penguins, and more. Of course, we take special care to protect—and not to disturb—the amazing wildlife

that thrive in this icy landscape. On this special journey, we will attempt landings at several sites in the South Shetlands and on the Antarctic Peninsula for unforgettable experiences.

### Days 10-11 At Sea

We set our course back to civilization through the Drake Passage. Spend the day recapping your experiences, having fun in the Science Center, or just relaxing on board.

### Day 12 Ushuaia/Buenos Aires

After arriving in Ushuaia, your expedition ends with a flight to Buenos Aires. From there, you can extend your adventure with one of our exciting Post-Programs.

This map describes our planned journey. Weather and ice conditions will determine our final itinerary.



Damoy Point

© STEFAN DALL



Whale in Wilhelmina Bay

© KARSTEN BOSTRUP



Small-boat (RIB) adventure

© KARSTEN BOSTRUP



Neko Harbor

© ANDREA KLAUSNER

## Included

### ACTIVITIES

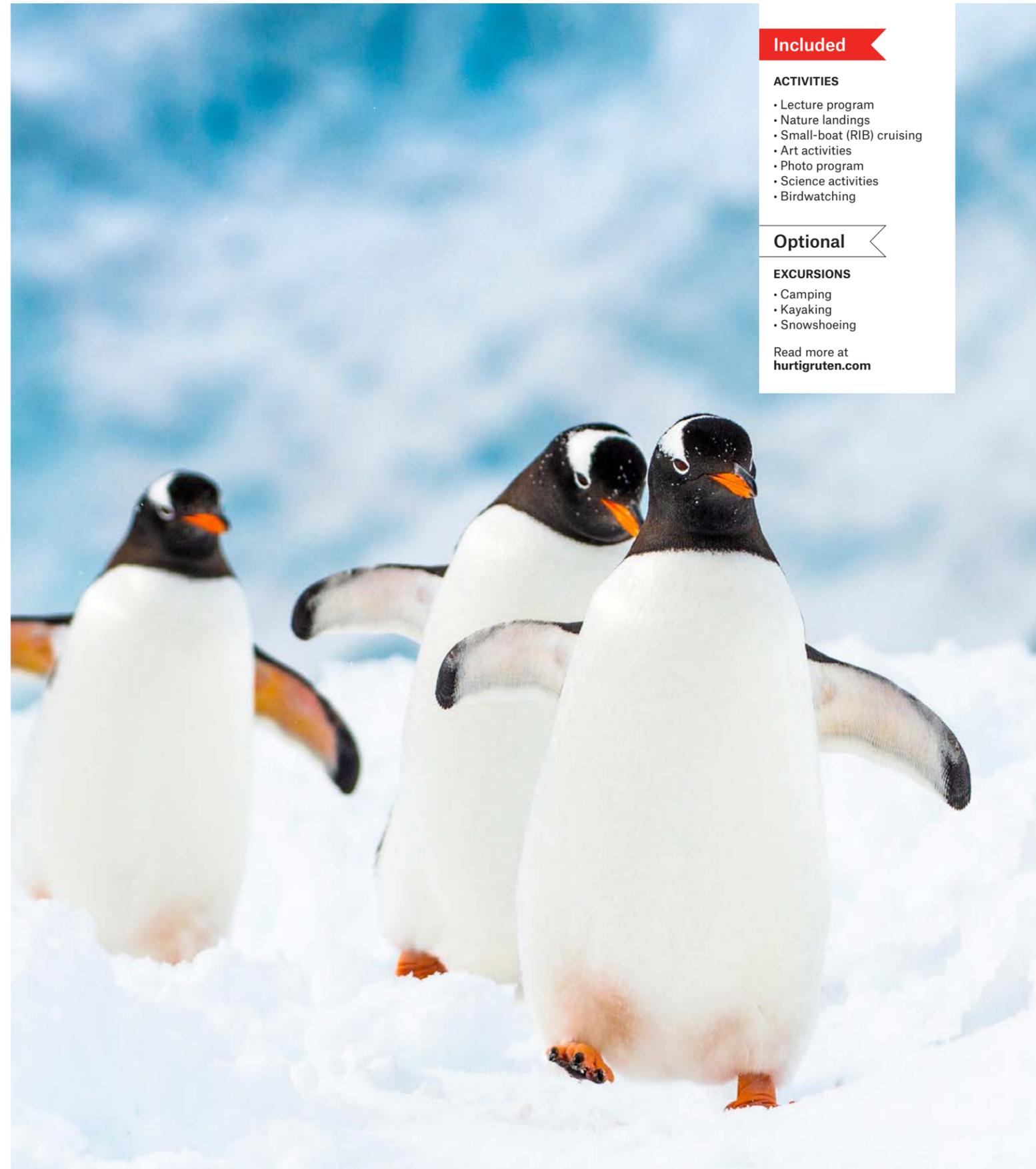
- Lecture program
- Nature landings
- Small-boat (RIB) cruising
- Art activities
- Photo program
- Science activities
- Birdwatching

## Optional

### EXCURSIONS

- Camping
- Kayaking
- Snowshoeing

Read more at [hurtigruten.com](http://hurtigruten.com)



Gentoo penguins

© STEFAN DALL

## 19 DAYS MS FRIDTJOF NANSEN

Departure: March 18, 2022

# Antarctica and Falklands – Southern Hemisphere Adventure

Join this amazing expedition cruise to the highlights of Antarctica, the Falklands, and Patagonia. Our Expedition Team will take you ice-cruising and on landings, providing opportunities to see penguins, seals, whales, and other wildlife.

### Day 1 Buenos Aires

Your adventure starts with an overnight stay in Buenos Aires, the 'Paris of South America.'

### Day 2 Buenos Aires/Ushuaia

Fly early in the morning to Ushuaia, where MS Fridtjof Nansen awaits you. Once on board, we kick off our journey with a welcome dinner.

### Days 3-4 At Sea

Prepare yourself for Antarctica as we cross the famed Drake Passage. During the voyage south, the Expedition Team starts the lecture program.

### Days 5-9 Antarctica

Antarctica never fails to inspire awe and wonder, with white horizons above oceans full of icebergs and whales. Our captain and the Expedition Team will

make the most out of the conditions to look for opportunities to go out on landings, launch kayaks, enjoy ice-cruising and look for seals, birds, penguins, and more. Of course, we take special care to protect—and not to disturb—the amazing wildlife that thrive in this icy landscape. We will attempt landings at several sites in the South Shetlands and on the Antarctic Peninsula on this voyage for unforgettable experiences.

### Days 10-11 At Sea

Spend some time on deck and look out for wildlife as we make our way north to the Falklands.

### Days 12-14 Falkland Islands

After Antarctica, enjoy the contrast provided by Stanley, with red phone booths, red buses, and old pubs. You can also

join an excursion to explore the wilderness of the surrounding area.

**INCLUDED EXCURSION:**  
*Community Walk*

### Day 15 At Sea

Our Expedition Team leads fascinating talks and lectures in the Science Center and MS Fridtjof Nansen offers a wellness area as well as a pool and hot tubs.

### Day 16 Puerto Madryn (Half day)

The Valdes Peninsula is a stunning nature reserve. Enjoy our wide variety of optional excursions starting from Puerto Madryn that bring you closer to wildlife and let you experience the gaucho-lifestyle of Patagonia.



### Days 17-18 At Sea

After exhilarating days in Patagonia, Antarctica, and the Falklands, it's time to recap and relax with your fellow explorers and enjoy the farewell dinner on the last evening.

### Day 19 Buenos Aires

After disembarkation, explore this vibrant city at your leisure before returning home. For more adventure, you can extend your stay in Argentina's capital or enjoy an optional Post-Program, for example, to the Iguazú waterfalls.



## Included

### ACTIVITIES

- Lecture program
- Nature landings
- Small-boat (RIB) cruising
- Art activities
- Photo program
- Science activities
- Birdwatching

## Optional

### EXCURSIONS

- Scenic Air Tour
- Stanley Highlights
- Falklands Nature Trek
- Bluff Cove Lagoon Tour
- Camping
- Kayaking
- Snowshoeing

Read more at [hurtigruten.com](http://hurtigruten.com)



## 18/19 DAYS MS ROALD AMUNDSEN

Southbound: October 23, 2021

Northbound: March 16, 2022

# Antarctica, Patagonia, and Chilean Fjords – Voyage of Discovery

Experience the beauty of the Chilean fjords on your way to amazing polar adventures. Join the Expedition Team for ice-cruising and landings and observe the wildlife and natural beauty of Antarctica.

### Day 1 Valparaíso

Our expedition begins in the 'Jewel of the Pacific.' Take some time to explore this scenic city before embarking on our hybrid electric-powered expedition ship.

### Days 2-3 At Sea

As we make our way along the Pacific coast of Chile, the Expedition Team will prepare you for the highlights of your voyage as we keep an eye out for wildlife.

### Day 4 Castro (Full day)

Castro, set among windswept hills and lush green vegetation, is known for its colorful 'palafitos,'

wooden houses mounted on stilts along the water's edge, as well as the UNESCO World Heritage Site of Iglesia San Francisco.

**INCLUDED EXCURSION:**  
*Castro Walking Tour*

### Day 5 At Sea

We sail south through the fabled waters of Patagonia.

### Day 6 Puerto Edén (Half day)

Visit the enchanting, isolated hamlet of Puerto Edén, which sits at the end of a deep fjord and is home to the last remaining members of the Kawéskar tribe.



We offer one southbound and one northbound expedition. The itinerary below and this map describe the southbound cruise. The northbound cruise has a reverse itinerary with an overnight stay in Santiago de Chile before the cruise.

This map and the itinerary below describe our planned journey. Weather and ice conditions will determine our final itinerary.

### Days 7-8 Puerto Natales

(Two full days)

Explore the magnificent landscapes of the famed Torres del Paine National Park on our optional excursion. Discover a rich variety of flora and fauna such as llamas, pumas, and foxes, in addition to more than 100 species of birds, like the Andean condor.

**INCLUDED EXCURSION:**  
*Scenes of Puerto Natales*

### Day 9 Chilean Fjords

Deep fjords and tall mountains plunging straight into the icy water await us in this spectacular region. This captivating

wilderness seems almost untouched by humans, full of isolated bays teeming with wildlife.

### Days 10-11 At Sea

We set course for Antarctica through the scenic Beagle Channel and will attempt to land on historic Cape Horn before continuing across the famed Drake Passage.



Neko Harbor

© -NO INTERSECTING LINK-

## Included

### ACTIVITIES

- Lecture program
- Nature landings
- Small-boat (RIB) cruising
- Art activities
- Photo program
- Science activities
- Birdwatching

## Optional

### EXCURSIONS

- Dalcahue, Curaco de Vélez & Achao, Castro
- Trek at Chiloé National Park, Castro
- Torres del Paine National Park Overnight, Puerto Natales
- Torres del Paine National Park (bus), Puerto Natales
- Torres del Paine National Park - Grey Glacier Hike, Puerto Natales
- Hiking in Torres del Paine, Puerto Natales
- Camping
- Kayaking
- Snowshoeing

Read more on [hurtigruten.com](http://hurtigruten.com)



Guanaco, Torres del Paine National Park, Chile



Rich wildlife



Cape Horn



Castro, Chile



Lemaire Channel, Antarctica



Valparaíso



Patagonia, Chile

### Days 12-15 Antarctica

Antarctica never fails to inspire awe and wonder, with white horizons stretching above oceans full of icebergs and whales. Perhaps even more awe-inspiring will be your first encounter with the huge colonies of penguins. Our Expedition Team will lead ice-cruising and landings in the South Shetlands and on the Antarctic Peninsula. Of course, this is true wilderness and

nature is in charge, but our aim is to bring you to the incredible diversity of landscapes and rich wildlife on display in this pristine wilderness.

### Days 16-17 At Sea

MS Roald Amundsen takes us safely back across the Drake Passage as we continue our lecture series and recap our adventure in Antarctica.

### Day 18 Punta Arenas/ Santiago de Chile

After disembarkation in Punta Arenas, your flight to Santiago de Chile brings our adventure to an end. You can extend your voyage with an exciting Post-Program from Santiago, for example, to Easter Island.

## 18 DAYS MS ROALD AMUNDSEN

7 departures: November 8, 2021, to February 28, 2022

# Antarctica, Chilean Fjords, and Falklands – Great Explorers and Wildlife

Sail in the wake of the great explorers. Experience the Chilean fjords, the Falklands and majestic Antarctica on one extraordinary expedition cruise.

### Day 1 Santiago de Chile

Your expedition begins with an overnight stay in the exciting and diverse capital of Chile. Add extra days before sailing to explore the Atacama desert with our optional Pre-Program.

### Day 2 Santiago/Punta Arenas

Fly early in the morning to Punta Arenas, where the hybrid electric-powered MS Roald Amundsen awaits you, ready for your expedition cruise to Antarctica.

### Day 3 Chilean Fjords

Enjoy cruising the scenic Beagle Channel. This wild and remote area seems almost completely undisturbed by humans. Take in the beautiful landscapes and wildlife from the deck.

### Days 4-5 At Sea

We will attempt a landing at the famed Cape Horn before crossing the Drake Passage en route to Antarctica. Enjoy fascinating lectures from the Expedition Team and all the amenities of the ship.

### Days 6-11 Antarctica

Immense, impressive, and indescribably beautiful—welcome to Antarctica! Our experienced captain and the Expedition Team will make the most of the conditions to create a program full of unforgettable experiences. You will go out on landings, launch kayaks, enjoy ice-cruising, and scout for whales, seals, birds, penguins, and more. Of course, we take special care to protect—and not to disturb—the amazing wildlife that thrive in this icy landscape. We will attempt landings at several sites in the South Shetlands



This map describes our planned journey. Weather and ice conditions will determine our final itinerary.

and on the Antarctic Peninsula on this epic voyage.

### Days 12-13 At Sea

Relax and enjoy the amenities aboard our state-of-the-art expedition ship on a day at sea as the Expedition Team prepares you for the Falklands.

### Days 14-16 Falkland Islands

We call on historic Stanley, with its pubs and English charm, before exploring the outer reaches of the Falklands. We plan to go ashore to explore the area on hikes and spot some of the many bird species that live here.

**INCLUDED EXCURSION:**  
*Community Walk*

### Day 17 At Sea

We recap what we have experienced as we complete the loop of the Magellan Strait.

### Day 18 Punta Arenas/Santiago

After disembarkation in Punta Arenas and your flight to Santiago de Chile, our adventure comes to an end. You can extend your voyage with an exciting Post-Program from Santiago.



Kayak adventure with the Expedition Team

## Included

### ACTIVITIES

- Lecture program
- Nature landings
- Small-boat (RIB) cruising
- Art activities
- Photo program
- Science activities
- Birdwatching

## Optional

### EXCURSIONS

- Scenic Air Tour
- Stanley Highlights
- Falklands Nature Trek
- Bluff Cove Lagoon Tour
- Camping
- Kayaking
- Snowshoeing

Read more at [hurtigruten.com](http://hurtigruten.com)



Crabeater seal



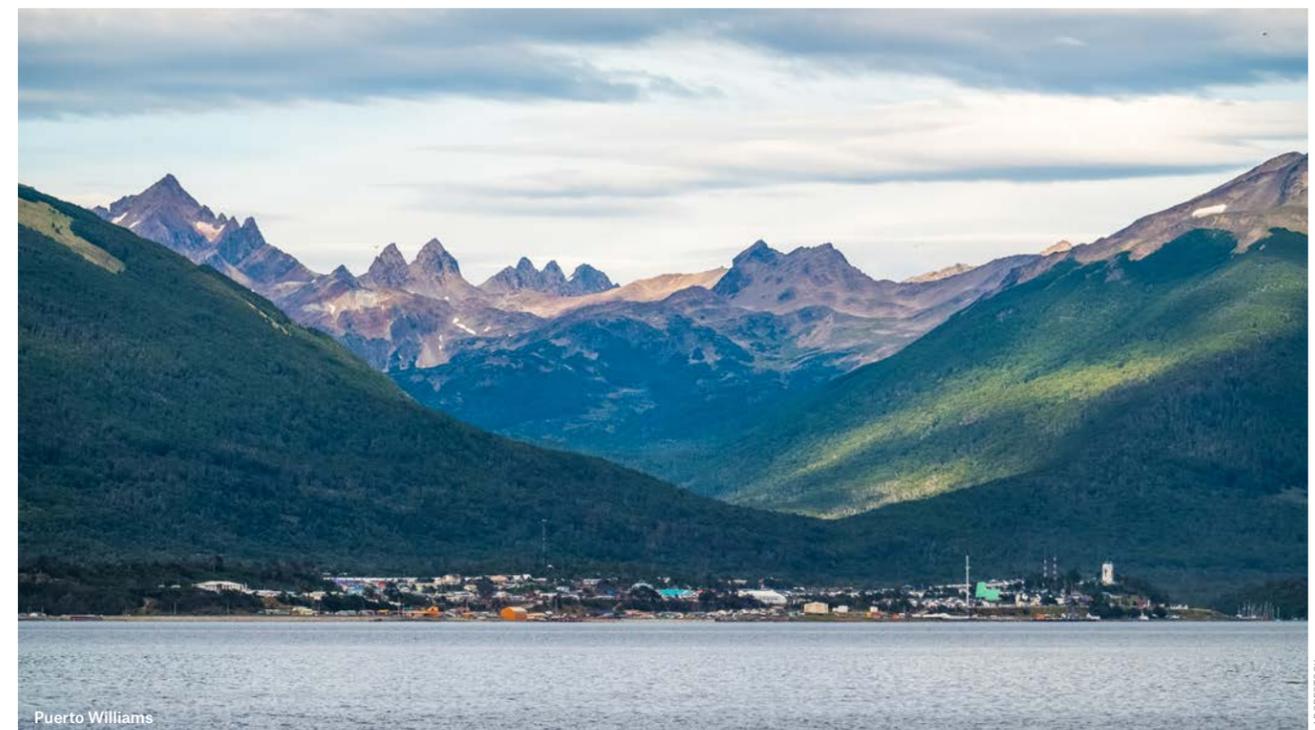
Gentoo penguins



King penguins



Stanley



Puerto Williams

## 18 DAYS MS ROALD AMUNDSEN

Departure: November 24, 2021

# Antarctica, Chilean Fjords, and Falklands – Great Explorers and Solar Eclipse

Sail in the wake of the great explorers through the Chilean fjords. Experience a Solar Eclipse from the South Orkney Islands before heading to the Falkland Islands.

### Day 1 Santiago de Chile

Start with an overnight stay in the exciting and diverse capital of Chile.

### Day 2 Santiago/Punta Arenas

Fly early in the morning to Punta Arenas. Here, the hybrid electric-powered MS Roald Amundsen awaits you, ready to take you to Antarctica and to see the Solar Eclipse.

### Days 3–4 At Sea

We sail through the scenic Beagle Channel and over the legendary Drake Passage. On board, the Expedition Team starts their lecture program.

### Days 5–9 Antarctica

Antarctica never fails to inspire awe and wonder, with white horizons above oceans full of icebergs and whales. Perhaps even more awe-inspiring will be your first encounter with the huge colonies of penguins. Our Expedition Team will lead ice-cruising and landings at every opportunity to go ashore in the South Shetlands and on the Arctic Peninsula.

Of course, this is true wilderness, so nature is in charge, but our aim is to bring you to the incredible diversity of landscapes and rich wildlife on display in this pristine wilderness.

### Day 10 At Sea

Relax in the tranquility of a day at sea. Enjoy the amenities of our innovative expedition ship and look out for wildlife from our outside decks.

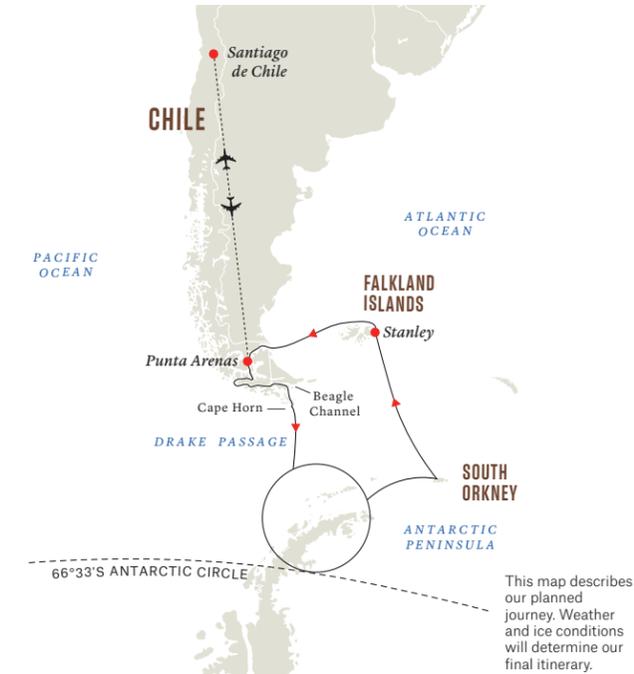
### Day 11 South Orkney Islands

We arrive here in the very early morning to experience the Solar Eclipse, weather permitting. Our Expedition Team will be on deck to guide you while you observe this extraordinary occurrence.

An astronomer will deliver a series of in-depth lectures on the voyage and provide insights during the Solar Eclipse.

### Days 12–13 At Sea

After exploring this unforgettable continent, we set course for the Falkland Islands.



### Days 14–16 The Falkland Islands

Enjoy the contrast of the British charm of Stanley and the wild beauty of the countryside. As we reach the westernmost outposts in the Falklands, we plan to go ashore to explore the area on hikes.

**INCLUDED EXCURSION:**  
*Community Walk*

### Day 17 At Sea

As we complete the loop of the Magellan Strait, we will recap our amazing adventure in the Science Center and watch for wildlife.

### Day 18 Punta Arenas/Santiago

Your expedition ends with a flight back to Santiago de Chile. Extend your adventure from here with one of our exciting Post-Programs, for example, to the Easter Islands.



**DATE:** Dec 4, 2021

**TIME:** c. 4 a.m.

**LOCATION:** If the weather and elements permit, we will be in the optimal viewing path of the Solar Eclipse off the South Orkney Islands.



King penguins

## Included

### ACTIVITIES

- Lecture program
- Nature landings
- Small-boat (RIB) cruising
- Art activities
- Photo program
- Science activities
- Birdwatching

## Optional

### EXCURSIONS

- Scenic Air Tour
- Stanley Highlights
- Falklands Nature Trek
- Bluff Cove Lagoon Tour
- Camping
- Kayaking
- Snowshoeing

Read more at [hurtigruten.com](http://hurtigruten.com)



Solar Eclipse



Orne Harbor



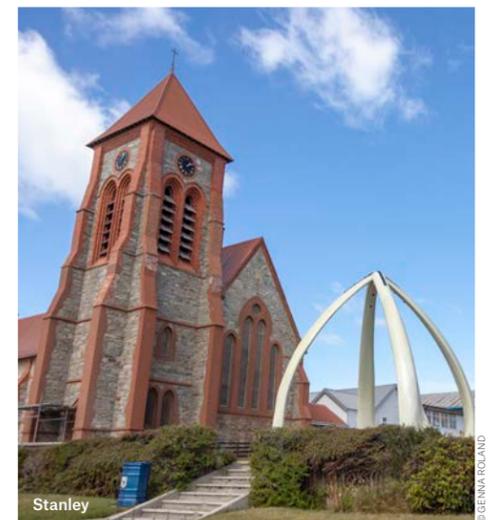
MS Roald Amundsen



Wilhelmina Bay



Paradise Bay



Stanley

## 19/20 DAYS MS FRAM

Southbound October 15, 2021  
Northbound March 17, 2022

# Antarctica, Patagonia, and Chilean Fjords – Exploration of the Southern Highlights

Cruise from the stunning Chilean fjords to the untouched wilderness of Antarctica and enjoy ice-cruising, landings, and other exciting activities.



### Day 1 Valparaíso

Explore this charming Chilean city before embarkation.

### Days 2-3 At Sea

Our Expedition Team will start their lecture program as we sail the Pacific coast of Chile. Make sure to watch for wildlife from the deck.

### Day 4 Castro (Full day)

Castro, set among windswept hills and lush green vegetation, is known for its colorful 'palafitos,' wooden houses mounted on stilts along the water's edge, as well as the UNESCO World Heritage Site of Iglesia San Francisco.

**INCLUDED EXCURSION:**  
*Castro Walking Tour*

### Day 5 At Sea

We sail south through the fabled waters of Patagonia.

### Day 6 Puerto Edén (Half day)

The village of Puerto Edén in Bernardo O'Higgins National Park will enchant you. It is known for its geographical isolation, situated at the end of a deep fjord and surrounded by mountains. Its population of 250 includes the 15 remaining members of the Kawéskar people.

### Days 7-8 Puerto Natales

(Two full days)  
Our optional excursion to Torres del Paine National Park gives you the opportunity to explore this stunning terrain. Watch for wildlife including 100 species of birds, like the Andean condor.

**INCLUDED EXCURSION:**  
*Scenes of Puerto Natales*

### Day 9 Chilean Fjords

Cruise deep fjords with tall mountains plunging straight into the icy waters. This pristine area seems almost completely untouched by humans.

### Days 10-11 At Sea

In the morning we will sail through the scenic Beagle Channel. We will make an attempt to land on Cape Horn before crossing the Drake Passage on our way to Antarctica.

### Days 12-16 Antarctica

Vast, powerful, and indescribably beautiful, Antarctica leaves even seasoned explorers at a loss for words. Our captain and the Expedition Team will make the most out of the conditions to look for opportunities to go out on landings, launch kayaks, enjoy ice-cruising, and watch for whales, seals, birds, penguins,



and more. Of course, we take special care to protect—and not to disturb—the amazing wildlife that thrive in this icy landscape. We will also attempt landings at several sites in the South Shetlands and on the Antarctic Peninsula for unforgettable experiences.

### Days 17-18 At Sea

We set our course back to civilization through the Drake Passage. Spend the days recapping your experiences, visiting the Science Center, or just relaxing on board.

### Day 19 Ushuaia/Buenos Aires

After arriving in Ushuaia, your expedition ends with a flight to Buenos Aires. From there, you can extend your adventure with one of our exciting Post-Programs, for example, to the Iguazu waterfalls.



## Included

### ACTIVITIES

- Lecture program
- Nature landings
- Small-boat (RIB) cruising
- Art activities
- Photo program
- Science activities
- Birdwatching

## Optional

### EXCURSIONS

- Dalcahue, Curaco de Vélez & Achao, Castro
- Trek at Chiloé National Park, Castro
- Torres del Paine National Park Overnight, Puerto Natales
- Torres del Paine National Park (bus), Puerto Natales
- Torres del Paine National Park - Grey Glacier Hike, Puerto Natales
- Hiking in Torres del Paine, Puerto Natales
- Camping
- Kayaking
- Snowshoeing

Read more at  
[hurtigruten.com](http://hurtigruten.com)

## 23 DAYS MS FRAM

5 departures: November 1, 2021; to February 24, 2022

# Antarctica, Falklands, and South Georgia – The Ultimate Expedition

Set sail on a fascinating expedition cruise to the Falklands, South Georgia, and Antarctica. Our Expedition Team take you ice-cruising and on landings as we hike, explore, and get close to powerful nature on the most remote continent on Earth.

**Day 1 Buenos Aires**  
Enjoy an overnight stay in the home of the tango.

**Day 2 Buenos Aires/Ushuaia**  
Fly early in the morning to Ushuaia, where MS Fram awaits you. Once on board, we kick off our journey with a welcome dinner.

**Day 3 At Sea**  
We cross the open sea toward the Falklands. Be sure to watch for wildlife from the deck.

**Days 4-6 Falkland Islands**  
The Falklands teem with wonders of nature—caracaras overhead, penguins on the shore, and geese foraging at the water's edge. Stanley provides a taste of England on the edge of the Antarctic.

**INCLUDED EXCURSION:**

### Community Walk

**Days 7-8 At Sea**  
We cruise toward beautiful South Georgia. The Expedition Team will hold lectures and all the amenities of the ship are yours to enjoy.

**Days 9-13 South Georgia**  
Explore the 'Galapagos of the Poles' with us, as we watch for penguins, seals, and seabirds on landings and activities.

**Days 14-15 At Sea**  
Learn more about the wonders of Antarctica from the Expedition Team as we set course toward Elephant Island.

**Days 16-20 Antarctica**  
Vast, powerful, and indescribably beautiful, Antarctica leaves even seasoned explorers at a



loss for words. Our captain and the Expedition Team will make the most out of the conditions to look for opportunities to go out on landings, launch kayaks, enjoy ice-cruising, and keep an eye out for whales, seals, birds, penguins, and more. Of course, we take special care to protect—and not to disturb—the amazing wildlife that thrive in this icy landscape. We will also attempt landings at several sites on the Antarctic Peninsula for unforgettable experiences.

**Days 21-22 The Drake Passage**  
We set our course back to civilization through the Drake Passage. Spend the time recapping your experiences, having fun in the Science Center, or just relaxing on board.

**Day 23 Ushuaia/Buenos Aires**  
After arriving in Ushuaia, your expedition ends with a flight to Buenos Aires. From here, you can extend your adventure with one of our exciting Post-Program, for example, to the Iguazú waterfalls.



## Included

### ACTIVITIES

- Lecture program
- Nature landings
- Small-boat (RIB) cruising
- Art activities
- Photo program
- Science activities
- Birdwatching

## Optional

### EXCURSIONS

- Scenic Air Tour
- Stanley Highlights
- Falklands
- Trek
- Bluff Cove Lagoon Tour
- Camping
- Kayaking
- Snowshoeing

Read more at [hurtigruten.com](http://hurtigruten.com)



## 23 DAYS MS FRAM

Departure: November 22, 2021

# Antarctica, Falklands, and South Georgia – The Ultimate Expedition and Solar Eclipse

Join us for a fantastic expedition cruise and experience a Solar Eclipse as we explore the remote Falklands, stunning South Georgia, and majestic Antarctica.

### Day 1 Buenos Aires

Your adventure starts with an overnight in colorful Buenos Aires, or add a Pre-Program to explore Patagonia before your cruise.

### Day 2 Buenos Aires/Ushuaia

Fly to Ushuaia, where MS Fram awaits you.

### Day 3 At Sea

We sail toward the Falklands as the Expedition Team starts the lecture program.

### Days 4-5 Falkland Islands

Discover charming Stanley and encounter rich wildlife as we bring you to the very best of these remote islands.

#### INCLUDED EXCURSION:

*Community Walk*

### Days 6-7 At Sea

Relax and enjoy all the amenities of your expedition ship or join Citizen Science activities.

### Days 8-10 South Georgia

Penguins, seals, and seabirds thrive in this area, considered the Serengeti of the Southern Ocean. Join our Expedition Team for fantastic exploration.

### Days 11-12 At Sea

As we head for the Falklands, join the Expedition Team in the Science Center for fascinating lectures.

### Day 13 South Orkney Islands

Conditions permitting, we will be in superb position to take in the wonder of the Solar Eclipse today.

Our Expedition Team will be on deck to guide you as you experience this extraordinary event, and an astronomer will join us for the entire voyage to deliver in-depth lectures and provide expertise during the Solar Eclipse.

### Days 14-15 At Sea

We set course for Antarctica and the Expedition Team prepares you with talks about the region's rich history and wildlife.

### Days 16-20 Antarctica

With vast horizons stretching above oceans full of icebergs, whales, and huge colonies of penguins on the ice, Antarctica is awe-inspiring.

Our Expedition Team will lead your exploration of the untouched scenery. We will attempt landings at several sites to bring you to an incredible diversity of landscapes and rich wildlife.



This map describes our planned journey. Weather and ice conditions will determine our final itinerary.

## SOLAR ECLIPSE ON THIS VOYAGE

**DATE:** Dec 4, 2021

**TIME:** c. 4 a.m.

**LOCATION:** If the weather and elements permit, we will be in the optimal viewing path of the Solar Eclipse off the South Orkney Islands.

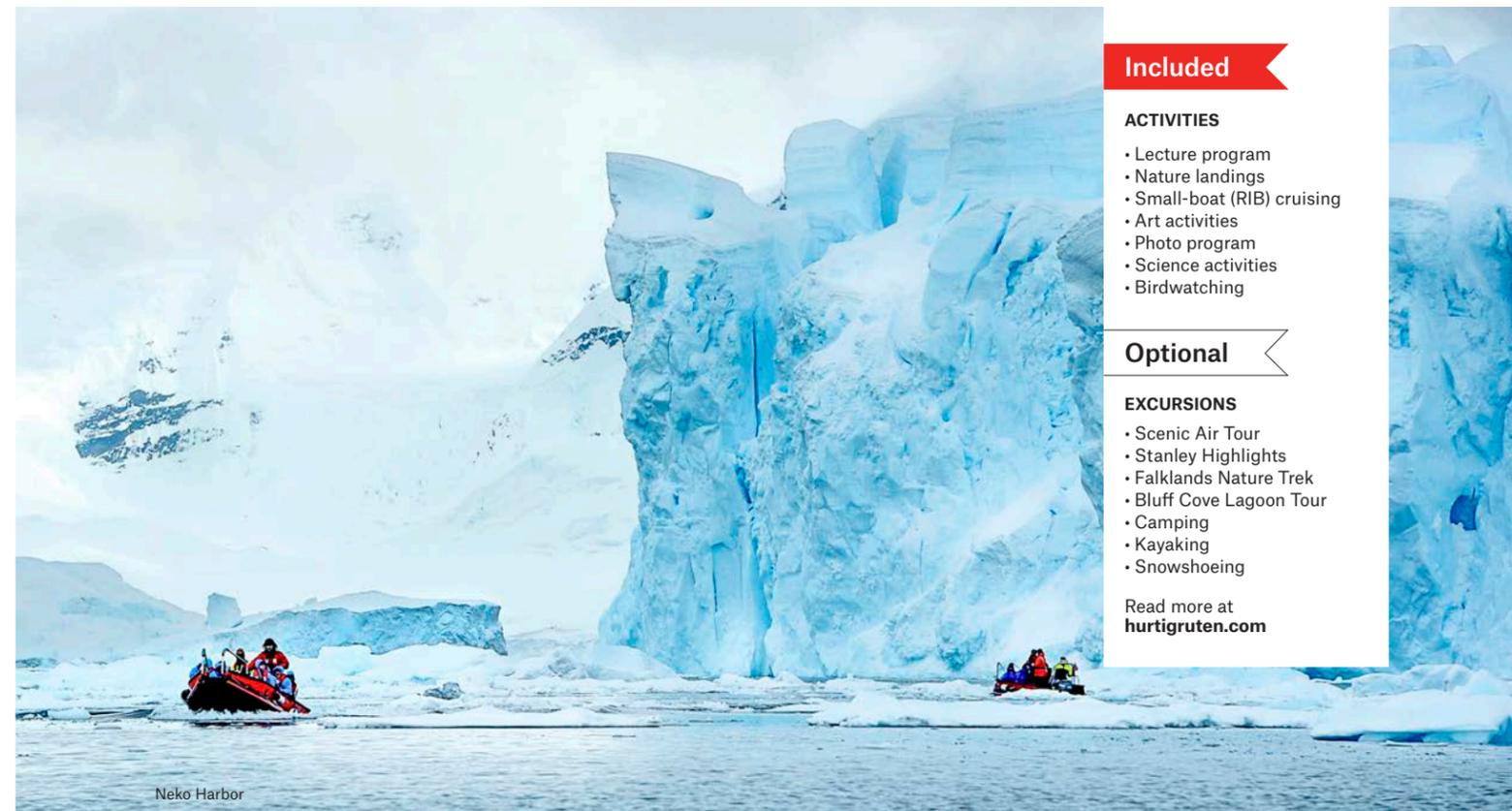
This is true wilderness. We are exploring the most isolated continent on Earth and this is where nature is in command. Enjoy the thrill of being on an authentic expedition as our skilled captain and crew work with the elements to create an itinerary that brings you close to powerful natural beauty.

### Days 21-22 At Sea

Recap the voyage, watch for wildlife, and enjoy the onboard amenities as we return to civilization.

### Day 23 Ushuaia/Buenos Aires

After arrival and your flight back to Buenos Aires, you can extend your vacation with an exciting Post-Program to the Iguazú waterfalls.



Neko Harbor

© MARSEL VAN OOSTEN



Carcass Island

© KARSTEN BIDSTRUP



King penguins, South Georgia

© MARSEL VAN OOSTEN



Arctowski Station

© KARSTEN BIDSTRUP

## Included

### ACTIVITIES

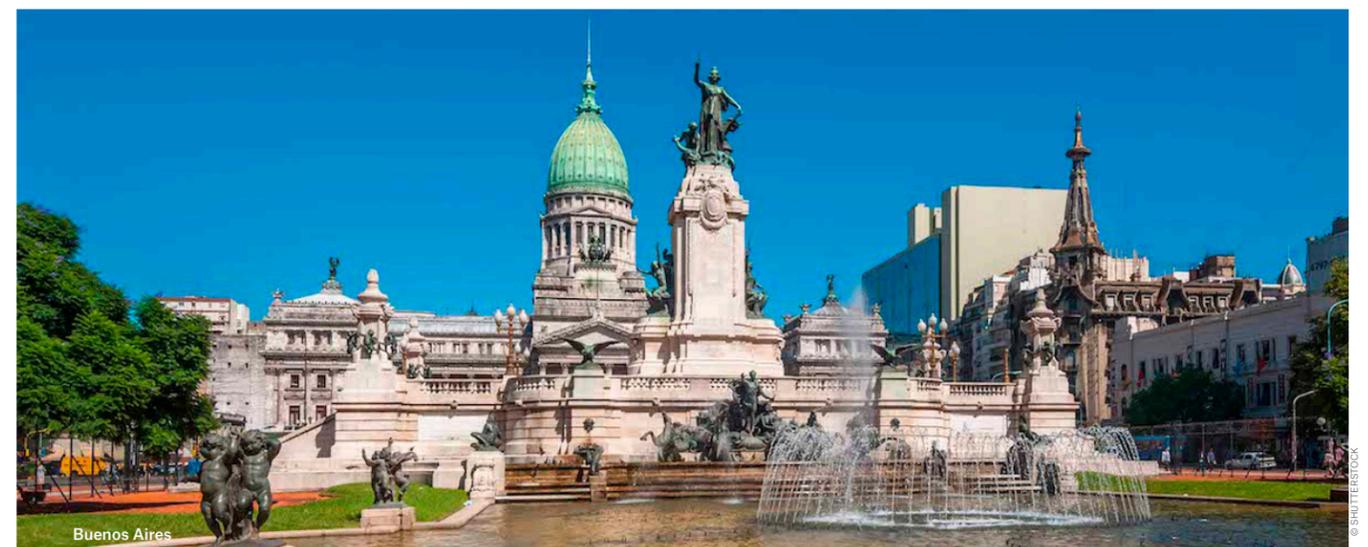
- Lecture program
- Nature landings
- Small-boat (RIB) cruising
- Art activities
- Photo program
- Science activities
- Birdwatching

## Optional

### EXCURSIONS

- Scenic Air Tour
- Stanley Highlights
- Falklands Nature Trek
- Bluff Cove Lagoon Tour
- Camping
- Kayaking
- Snowshoeing

Read more at [hurtigruten.com](http://hurtigruten.com)



Buenos Aires

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CHOICE